

University of East London: Arts & Creative Industries

Teaching & Learning Conference: 12<sup>th</sup> Jan. 2025

**Practice-Based Education (PBE)**

**Student Voice, Employability & Community Engagement**



# Presenters:

Sasha Ramm



Saabira Mohammed



Liselle Terret





# FREEDOM

UEL x YES

A fashion showcase.  
A collaborative celebration of  
upcycling and styling

University of East London  
x  
Youth Empowerment Service



Tues 2nd Dec  
4:30-6:00pm  
The Source, 1 Theatre Square, E15 1BX

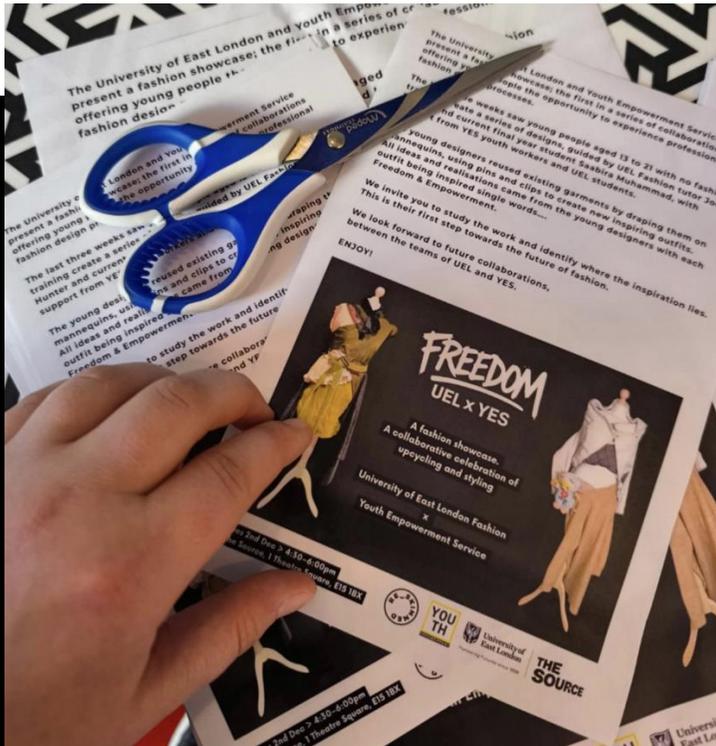


REGENERATIVE  
FASHION  
ARCHIVE

THE  
SOURCE

The University of East London and Youth Empowerment Service (Y.E.S.) fashion showcase; the first in a series of collaborations offering young people the opportunity to experience professional fashion design processes.

The last three weeks saw young people aged 13 to 21 with no fashion training create a series of designs, guided by UEL Fashion tutor **Joe Hunter** and current final year Fashion student **Saabira Muhammad**, and with support-facilitation from two of our MFS Directing Theatre students, Sasha Ramm and Francisco Brandao De Oliveira.





The young designers reused existing garments by draping them on mannequins, using pins and clips to create new inspiring outfits.

All ideas and realisations came from the young designers with each outfit being inspired single words....

**Freedom & Empowerment.**

“For each participant, they were enthusiastic to take part in the workshop, & nervous about the unknown. They were asked about word-association, (Freedom, Identity and belonging)

The activity that allowed them to think critically, & challenged them to express and articulate themselves, which is what we are trying to encourage the young people to do.



The UEL students that also participated must be commended. They patiently assisted our young people, and talked through ideas, allowing them to express themselves without feeling inadequate –similar to the approach that we as youth workers take, when addressing informal learning”.

**Anthony Graham , Senior Youth Work Practitioner, Newham (Y.E.S.)**





We invite you to study the work and identify where the inspiration lies.

This is their first step towards the future of fashion.

We look for to future collaborations between YES and UEL!

“This project allowed the young people to step outside their limits to explore their identities through creativity in an Higher Education environment.

They developed a sense of creative agency, having their ideas valued, brilliant for building self-esteem & helping the young people see themselves in future professional creative or /and academic spaces.

This Youth Fashion Project provided a bridge between these young people’s everyday lives and the possibilities of HE, making university feel like an option rather than off-limits.

Working alongside Joe and Liselle gave us an invaluable insight into how artistic skills can be taught through participation & encouragement rather than just instruction, and with the young people show casing there work to their friends and family. “



**Emerson Borishade  
Youth Work Practitioner | Children &  
Young Peoples’ Service, Newham  
Stratford Youth Zone, The Source  
(UEL BA MUSIC PRODUCTION ALUMNI)**



(AUDIO)  
“Good evening. I just want to say that the fashion project was very fund and peaceful. The best part of it was when I was able to design my own mannequin . I’m not going to lie but as a designer one day I wondered if I would have all of these wonderful things.



Thank-you for the invitation and the opportunity for me to participate in a wonderful event. I hope everyone has a wonderful xmas & a happy new year. “



(AUDIO 2)  
“During our fashion workshop, one way to describe it is, one way to describe it is therapy, because I feel like it’s kind of therapeutic, cause you’re making something imp. & you’re not distracted by anything else.



You know what I mean? Like , just thinking about Peace. That all I can say. But it was very nice though. It was very nice. All the staff members did their job. They were very caring. I need to do more of that I feel like we need to do more of that. I feel that. And I would be down for more opportunities like that in the future. So yeah”

**Feedback from a young person:**

“I attended this fashion project to learn garment draping & had a really good experience.

I enjoyed working on mannequins and learning practical draping techniques, which helped me better understand garment structure & fabric flow. The experience was so inspiring.



If there were another opportunity to attend a similar course or workshop here, I would definitely go again. If the project was longer, with a bit more hands-on guidance and time for practice, then I would learn even more.

# Positive ADHD, Autistic & Dyslexic Traits



*Will differ amongst individuals*



## Attention to detail

- Thoroughness
- Accurate & analytical
- Spotting patterns



## Novel approaches

- Unique thought process
- Innovative solutions
- Outside-the-box thinking



## Expertise

- In-depth knowledge
- High skill level



## Creative

- Distinctive imagination
- Expression of ideas



## Deep Focus

- Concentration
- Filters out distractions
- Hyperfocus



## Accepting

- May question norms
- May be less likely to judge others
- Nonconformist

# Positive ADHD, Autistic & Dyslexic Traits



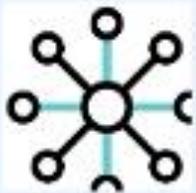
## Visualising

- Interacting with
- space & physical ideas,
  - senses and
  - new concepts



## Reasoning

- Understanding patterns
- evaluating possibilities &
- making decisions



## Connecting

- Understanding self,
- Connecting,
- empathising
- & influencing with others



## Exploring

- Being curious
- Exploring ideas in a constant & energetic way.

## Communication

- Crafting & conveying engaging, clear & creative messages in innovative ways.



*Adapted from [twoemb.medium.com](https://twoemb.medium.com)*

# MA Applied *Theatre*

Performance, Politics  
and Social Justice at UEL

**Harness theatre to spark  
change, tell untold stories,  
and make a real impact in  
communities and beyond.**

For more  
information



Take drama beyond the stage, into  
schools, communities, prisons, and  
public spaces where it inspires dialogue  
and change. Join a movement that  
uses theatre to make a difference.

**THE  
SOURCE**



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**Thank-you**